



## PRAYAAS Beginner Hindustani Music Course

### A BRIEF

This course is for students who want to initiate their training into Vocal Music – Hindustani Tradition. The training of the voice is very crucial as that forms the foundation of learning the art form. The course is a 2 year course in which the student learns, identifies, explores and demonstrates the basic knowledge of Vocal Music. This stage mainly focuses on Conditioning and Command of our '4C Curriculum'. The Curriculum provides a holistic learning to the child wherein theoretical aspects and allied arts are weaved into the curriculum to awaken the senses and enrich the child's learning right from an early stage.

### THE LEARNING JOURNEY

During the period of this programme, you will learn:

- **CONDITIONING:** Vocal Conditioning; Voice Culture; Right Approach to Practice; Voice Strengthening and Stamina Building
- **COMMAND:** This focuses on command over the grammar and techniques of the art form. The classes are a guided blend of Live sessions as well as Offline modules. Depending upon the level of the class, the teacher converts the live session into an offline module class, where students are given a project to work on their own and bring their learning into the next online class. This fosters the third 'C' of our curriculum which is 'Creativity'.

The focus is on both, theoretical as well as the practical aspects of the art, as mentioned below. Students present their learning to an audience, as part of '**KalaRati**' - an annual showcase of their journey in the arts.

## THEORY

Basic Musical Terminologies |  
Vocal Embellishments |  
Swaras and Its Variants |  
Sustenance, Vibration, Pitch and  
Intensity of Sound |  
Origin and Development of Raagas |  
Theory of Prescribed Raagas and  
Taalas |  
Notation System in Hindustani Music |

## PRACTICAL

Alankaars and Paltaas |  
Knowing Your Voice |  
Basic Raagas: (Bhupali, Durga,  
Yaman) |  
Basic Taalas: (Teentaal, Dadra,  
Jhaptaal)

Theory and Rhythm are introduced to  
build a strong base for students and  
motivate them to think like artists.

## ABHYAAS

### Intermediate Hindustani Music Course

## A BRIEF

This course is for students who have completed the Prayaas training at Kaladhwani (or possess knowledge equivalent to the student at the Prayaas Batch). This is a level up: where students will get initiated into learning the nuances and characteristic details of different Raagas. The course is a 3-year course in which the student learns, identifies, explores and demonstrates the performative aspect. This stage mainly focuses on the 'The 4C Curriculum'. The Curriculum provides a holistic learning to the child wherein theoretical aspects and allied arts are weaved into the curriculum to awaken the senses and enrich the child's learning right from an early stage. This level brings to the student an experience of 5 years into the training of Hindustani Music, and thus the knowledge gained is a combination of Prayaas and Abhyaas.

## THE LEARNING JOURNEY

During the period of this programme, you will learn:

- **CONDITIONING:** Detailed Approach to Vocal Techniques (learnt in Prayaas); Vocal Conditioning w.r.t style; Intonation and Articulation.

- **COMMAND:** This focuses on command over the grammar and style specific techniques of the art form. The classes are a guided blend of Live sessions as well as Offline modules. Depending upon the level of the class, the teacher converts the live session into an offline module class, where students are given a project to work on their own and bring their learning into the next online class. This fosters the third 'C' of our curriculum which is 'Creativity'.

The focus is on both, theoretical as well as the practical aspects of the art, as mentioned below. Students present their learning to an audience, as part of '*KalaRati*' - an annual showcase of their journey in the arts.

### THEORY

Detailed Study of the Prescribed Raagas |  
 Brief Study of Raagas similar to the Prescribed ones |  
 Elements of Raagas |  
 Elements of Taalas |  
 Theory of prescribed Raagas and Taalas |  
 Life and History of Legends in the field of Music |  
 Notation System in Hindustani Music |

### PRACTICAL

Basic Raagas: (Bhairav, Vrindavani Sarang, Malkauns) |  
 Detailed Development of Raag Bhupali, Durga, Yaman |  
 Introduction to Taalas: (Rupak, Vilambit Ektaal, Teentaal)

Theory and Rhythm are studied in detail to build a strong base for students and motivate them to think like artists introduced to build a strong base for students and motivate them to think like artists.

- **CREATIVITY:** Guided listening sessions along with critical analysis are a part of enhancing and channelising the creative potential of the students. At this stage, under our supervision, students are encouraged to make their own patterns in the raga exploration process.
- **COMPOSITION / PERFORMATIVE ASPECT:** The fourth stage encompasses the different performative aspect of Indian Classical Music such as knowing how to instantly create the Raaga ambience and study and explore the feel of each raaga. The student prepares a raaga under the guidance of the teacher and with the help of a composition presents it with command. Practice sessions with live instruments are held to ease out the process of performance.

## ULLAAS

### Advance Hindustani Music Course

#### A BRIEF

This course is for students who have completed the Abhyaas training at Kaladhwani (or possess knowledge equivalent to the student at the Abhyaas Batch). This is a level up: where students will get initiated into learning the nuances and characteristic details of different Raagas. The course is a 3-year course in which the student learns, identifies, explores and demonstrates the performative aspect. This stage mainly focuses on the 'The 4C Curriculum'. The Curriculum provides a holistic learning to the child wherein theoretical aspects and allied arts are weaved into the curriculum to awaken the senses and enrich the child's learning right from an early stage. This level brings to the student an experience of 8 years into the training of Hindustani Music, and thus the knowledge gained is a combination of Prayaas, Abhyaas and Ullaas.

#### THE LEARNING JOURNEY

During the period of this programme, you will learn:

- **CONDITIONING:** Detailed approach to vocal techniques learnt in Abhyaas; Vocal Conditioning Techniques with respect to *gayaki* (Stylistic Singing)
- **COMMAND:** This focuses on command over the enhancement of style specific techniques as well as creative improvisations and performance techniques of the art form. The classes are a guided blend of Live sessions as well as Offline modules. Depending upon the level of the class, the teacher converts the live session into an offline module class, where students are given a project to work on their own and bring their learning into the next online class. This fosters the third 'C' of our curriculum which is 'Creativity'.

The focus is on both, theoretical as well as the practical aspects of the art, as mentioned below. Students present their learning to an audience, as part of '*KalaRati*' - an annual showcase of their journey in the arts.

## THEORY

Detailed Study of the Prescribed Raagas |  
Brief Study of Raagas similar to the Prescribed ones |  
Detailed Analysis of the Kalyaan Thaata Group of Five Raagas : (Kedar, Kamod, Chayanat, Gaud Sarang, Hameer) |  
Raga Comparison: Todi - Multani; Darbari Kanada - Jaunpuri; Suha - Nayaki Kanada; Marva - Puriya - Sohoni.  
Elements of Raagdaari w.r.t different styles |  
Elements of Raagdaari w.r.t different genres of Indian Music |  
Theory of Prescribed Raagas and Taalas |  
Critical Analysis of Performances |

## PRACTICAL

Raagas: (Todi, Multani, Shudh Sarang, Bhimpalasi, Kedar, Chayanat, Kamod, Bihag, Bageshri and Darbari Kanada) |  
Detailed Development of Raag Todi, Shudh Sarang, Bhimpalasi, Kedar, Bihag Bageshri, Darbari Kanada |  
Introduction to Taalas: (Rupak, Vilambit Ektaal, Teentaal)

Inclusion/omission of raagas in or other than the syllabus would be a part of the curriculum depending of the student's receptiveness.

Theory and Rhythm are studied in detail to build a strong base for students and motivate them to think like artists introduced to build a strong base for students and motivate them to think like artists.

- **CREATIVITY:** This focuses on implementing the style specific techniques in other genres of Indian Music. At this stage, we introduce Light Classical Raagas and Compositions mainly in Raag Pilu, Khamaj and Des, with a focus on Taal Dadra.
- **COMPOSITION / PERFORMATIVE ASPECT:** The fourth stage encompasses the different aspects of Indian Classical Music such as voice modulation with respect to Voice Culture Techniques, Rhythm and Poetry. The student prepares a few compositions of selected ragaas under the guidance of the teacher. Practice sessions with live instruments are held to ease out the process of performance. The performative aspect is also understood by critically analysing performance by stalwarts.

Young and Upcoming talent (both Music and Dance) are given an opportunity to perform in "KalaKriti" – a baithak series organized by KALADHWANI to give a platform to hard working students in the arts. The student will get the opportunity to perform live with musicians to an audience.

## STUDENT GUIDELINES

- **Attendance:** Students must be punctual. Regularity in attending the sessions is expected for optimum teaching - learning experience. The teacher will guide the student, but the student needs to take ownership of their learning, if the student misses his/her class.
- **Payment:** We have built an environment where we give equal importance and respect to teachers as we give to students. Thus, the fees have to be paid by the 5<sup>th</sup> of every month. If you wish to pay, quarterly/half-yearly/annually, please do write in to me.
- **Pre – requisites:** It is advised that the student has a gap of at least 45 mins after a meal before singing. Appropriate dress code is expected to be followed. The cameras of all the students must be on throughout the session. Earphones/Headphones with a mic is mandatory. Please carry a notebook at all times to class.
- **Holidays:** Kaladhwani believes in sharing and growing with the community. Holidays are a way to dive deep into the cultural festivities and embrace sharing in a community. The classes at Kaladhwani will be suspended for the Holidays that are accounted for. There will not be any rescheduling of classes for these dates. A List is shared with everyone.

***“Let’s immerse in the arts”***

---

**Ms. Radhika Kathal**  
**(Founder & Dance Faculty)**

**Ms. Tara Kannan**  
**(Music Faculty)**